



**LemonAid Drugs, Smoking, Alcohol Subgroup Meeting
Sunday 28th March 2010
County Hall, Chelmsford**

Present:	Amy-Jo (Braintree) <i>Minutes</i> Rhiannon (Tendring) <i>Chair</i>	Ashley (Harlow) Ruth Morton (ECC)
Apologies:	Alix (Tendring) Fayaz (Castlepoint)	Arren (Colchester)

1. Introductions and Apologies

Apologies received from Alix, Arren and Fayaz. Rhiannon chaired the meeting and Amy-Jo took the minutes.

2. Minutes of the last meeting

The minutes of the last meeting were read and agreed.

3. "Safe House Party" pack

All of the amendments discussed at the 07.02.10 meeting were made as agreed. The pack has now been finalised, all infosheets printed and the digital content has been duplicated. Members met on 07.03.10 to put together the packs and approximately 2/3 of them have now been built. The official launch of the pack is to be at the next YEA sitting on 24.04.10 and then the packs can be distributed to area offices.

Amy-Jo advised that her school were very interested in packs she took in and suggested that there be a wider distribution to schools.

Subgroup members confirmed that they are all willing to take part in another pack building day, to put together the remaining packs, ready for the second distribution run.

4. Presentation at "Risk and Resilience" staff training day 06.03.10.

Rhiannon fed back that the presentation went extremely well. Four subgroup members attended the session; they gave their presentation and networked with youth workers attending. Rhiannon said that she was asked if the packs will also be distributed to schools.

5. Funding Bid

The group met on 18.02.10 to put together a funding bid to run an actual "safe party" for the whole of the YEA. If successful, it will also be an opportunity to widen awareness of the 'Safe House Party' pack resource. The funding bid has been submitted and we can now only wait and see. All subgroup members have been sent a copy of the bid for their records.



6. Mentor UK

Ruth advised that she has nominated the group for the Mentor UK CHAMP Awards (Promoting Children's Health through Alcohol Misuse Prevention), 2010. Founded in 2006, this biennial awards scheme offers up to £60,000 worth of prize money and support to schemes from across Great Britain which help prevent young people from misusing alcohol. The Mentor UK CHAMP Awards are supported by drinks producer, Diageo Great Britain, as part of their commitment to educating young people on the dangers of alcohol misuse.

Ruth's nomination was supported by Sheila Woodward and Sally Hills. Young people are to shortlist the nominations in May and the winners will be announced in November 2010.

7. OCN 'Alcohol Awareness'

Members present completed paperwork and wrote statements to enable them to evidence and achieve a Level One OCN (Open College Network) 'Alcohol Awareness' accreditation for the training, consultations and research they have already undertaken.

7. Future Planning

Members discussed possible future activities for the group's next few months in office. Notes from the discussion:

- Competition – poster, film, logo redesign, webpage, advert (? purpose), motto/strapline/slogan.
- Workshops in schools.
- Puzzles – jigsaw puzzle, quiz on LemonAiD webpage.
- Effects of alcohol –
 - positive; feel better, more confident, less inhibitions, relaxed, feel invincible.
 - negative; teenage pregnancy, bullying, peer pressure, aggression, abuse, addiction, health problems, mental health problems, judgement affected, reactions slowed, hangover.

These notes to be used as the basis for a discussion at the next subgroup meeting.

8. Details of next meetings

Please send apologies if unable to attend.

Next YEA Sitting: Saturday 17th April 2010
Venue: TBA

Next subgroup meeting: Saturday 8th May 2010 @ 11.00.am
Venue: County Hall, Chelmsford

