



LemonAiD Drugs, Smoking, Alcohol Subgroup Meeting
Saturday 6th June 2009
County Hall, Chelmsford

Present:	Alix (Tendring) <i>Chair</i> Ruth Morton (ECC)	Arren (Colchester)
Apologies:	Amy-Jo (Braintree) Sally Hills (Essex DAAT)	Fayaz (Castle Point)
Absent:	John, Gabrielle, Carey, Yvonne, Issy, Jasmine	

1. Introductions and Apologies

Apologies received from Amy-Jo, Fayaz and Sally Hills. Alix chaired the meeting and Ruth took the minutes.

2. Minutes of the last meeting

The minutes of the last two meetings were read and agreed.

3. Feedback from local youth councils/forums

Arren advised that Colchester Youth Council had a meeting on 01.06.09 and that they are working on their youth conference, 'Battle of the Bands' and issues around publicity. They are undergoing training with the Tendring Youth Assembly on meeting skills and media. They will be attending the British Youth Conference on 03.08.09.

Alix advised that the next meeting for Tendring Youth Assembly will be on 08.06.09. They have received training around their stereotyping project and are in the process of contacting the British Youth Council. Alix will encourage Jasmine to attend future YEA LemonAiD subgroup meetings.

4. Questionnaires

The young people completed questionnaires on capturing what young people in Essex think about volunteering and what is important to them regarding services they are offered.

5. Local Democracy Week

The YEA are committed to help with this year's Local Democracy Week, 12-16.10.09. A small group from the YEA will be involved with the planning of an event for schools to be held in the council chambers. There is to be a meeting to discuss ideas on 17.06.09. Alix is interested and will be able to attend the meeting, Arren is interested, but unable to attend the meeting.

6. Guest – Jack Rivers

Jack explained to the group about the Drinkaware and The Guardian event he attended. They are digging beneath the headlines to discover the truth about alcohol and young people in a series of polls and events, asking 'what's the attraction?' and asking parents,



professionals and young people to define what makes alcohol so appealing and what can be done to ensure the UK alcohol culture is a healthy one.

Jack went as an individual to the event to give his views on what was asked. Topics included why young people feel it necessary to drink, whether it is due to pressure from others or pressure from wider society. Also mentioned was the role that youth organisations, schools and families play in the education of alcohol with young people and whether parents' drinking affected their children.

7. Future Guests

Members agreed that they would like future young people guests to attend their meetings, to inform them of their experiences of holding good and successful house parties and how they keep them safe.

8. Planning for the Pack

Members decided that they would like to produce the "Safe House Party" pack as both a resource pack (for which they will try to get funding by March 2010) and also in a digital format which can be distributed at a relatively low cost. They aim to include the following contents in the pack and also agreed target dates to achieve each item.

The group aim to complete the collection of most of the resources by 31.10.09 and then spend time on presentation and editing.

- EYPDAS DVD *as seen by members during their "Drugs Awareness" training 10.05.09. Sally to talk to EYPDAS to see if we can use it.*
- Comic pages from 2Smart programme. *Ruth has spoken to Jo Van Zanten and indications are that we shall be able to use this, with appropriate credits given.*
- Questionnaire results. *Alix tabled two questionnaires, one aimed at young people and one at parents, and the group agreed that they would run them until the end of 2009, aiming to get as many responses as possible. Alix is also going to design a further questionnaire aimed at taxi drivers, to get their take on house party fares.*
- Legal Facts Sheet *including input from the police*
- First Aid Facts Sheet
- Do's and Don't's
- Hints and Tips
- Embarrassing Moments
- Case Studies
- Suitable party food recipes/ideas
- How to say "No!"

9. Presentation for sitting

The members planned the structure of their presentation. It will include introductions of the members and an explanation of the group's main project. They will detail the hoped-for contents of the pack and talk about the training they have received. They are also going to ask all MYEA present to complete their questionnaire.



10. Any other business

Sally is investigating First Aid training and if it can be arranged, has offered to invite the 2C4C subgroup members to join LemonAiD for the training.

The group asked if they can receive food hygiene training to support their work. *Ruth to investigate and report back at the next subgroup meeting.*

11. Details of next meeting

Please send apologies if unable to attend.

**Next YEA Sitting: Saturday 4th July 2009
Venue: TBA**

**Next subgroup meeting: Sunday 12th July 2009 @ 1.30.pm.
Venue: County Hall, Chelmsford**

