



Drugs, Smoking, Alcohol Subgroup Meeting
Sunday 28th March 2009
County Hall, Chelmsford

Present:	Arren (Colchester) Fayaz (Castle Point) Sally Hills (Essex DAAT)	Amy-Jo (Braintree) Gabrielle (Epping Forest) Ruth Morton (Essex CC)
Guests:	Simon Legrand	Tim Legrand
Apologies:	Kevin Whipps	
Absent:	John, Carey, Dan, Yvonne, Issy, Jasmine, Alix	

1. Introductions and Apologies

Introductions were made. No apologies received.

2. Chair of the Meeting

Amy-Jo and Arren were joint chairs for the meeting. Ruth took minutes for the meeting.

3. Feedback from local youth councils/forums

There had been no local meetings attended by the members present since the last subgroup meeting. Arren will be attending his youth council meeting on Monday 6th April.

4. Drugs Awareness training

Sally has contacted EYPDAS regarding training provision for the subgroup and they are happy to facilitate it. Suggestion that initial training be a two hour session with an outreach worker. Sally to contact EYPDAS to try to arrange training for 10.05.09, as part of an extended subgroup meeting.

5. Calorific value of alcoholic drinks

Sally was unable to obtain sample "wheels" for this session; agenda item will be carried forward to next meeting. Group would like the calorific value of drinks to be information that is included in the House Party resource.

6. House Party Questionnaire

Agenda item to be carried forward, as Alix absent. Sally advised that Jackie Sheehan and Kevin Whipps support the idea that parents also have input to the House Party resource and suggested that cabinet members could also be involved.

The group discussed and agreed focus for the House Party project. There is one main aim – to make house parties safer. This will be achieved by the production of a comprehensive toolkit, or resource, for use by young people and parents. The resource will include information on as many aspects of house parties as possible, including a parent plan, information on non-alcoholic cocktails, etc. The group will be seeking endorsement from the police, EYPDAS, Essex CC Teenage Pregnancy team and all other relevant agencies.

Action Point: All to ask friends and family for opinions and suggestions for content.

7. Internet research re legal position of points of interest feedback

Ongoing task for all. Will become essential as specific content for the resource is decided on.

Sally will investigate quality control.

8. Guests – Simon Legrand and Tim Legrand

Simon and Tim explained that they were holding consultations and research into the relationship between substance abuse and mental health – dual diagnosis. A questionnaire was circulated and discussed and the group took part in an activity to illustrate the journey that a young person with a dual diagnosis has to make.

9. Guest – Kevin Whipps

Apologies received from Kevin as he was unable to attend the meeting.

10. Name of subgroup

The group decided that they would name the subgroup, “Lemon AID.” Lemon because yellow is the group’s identity colour and it represents a soft drink. “AID” is a play on lemon”ade,” but is actually A for Alcohol, the i is formed into a slash and D is for Drugs. The group also hopes to “aid” young people to have safe house parties.

11. Logo for subgroup

The group chose to have a silhouette of a champagne bottle, but with music notes coming from the top, representing the fact that a party has components other than drink that make it fun.



12. Details of next meeting

Please send apologies if unable to attend.

**Next subgroup meeting: Sunday 10th April 2009 @ 1.30.pm.
Venue: County Hall, Chelmsford
(or venue TBA if training also arranged for this date)**